

winter lunch menu } december 2018 january 2019 february 2019

monday	tuesday	wednesday	thursday	friday
				February 1, 2019 Chicken Nuggets <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Apple Slices Ketchup
February 4, 2019 Adobo Chicken <i>Adobo Tofu</i> Flour Tortilla Peas & Carrots Cantaloupe	February 5, 2019 Three Bean Chili Cornbread Roasted Sweet Potatoes Pear Slices	February 6, 2019 Turkey Meatball Marinara <i>Veggie Meatball Marinara</i> Whole Grain Bun Broccoli Pineapple	February 7, 2019 Orange Chicken Breast <i>Orange Tofu</i> Brown Rice Cucumber Fruit Salad	February 8, 2019 Tortellini w/ Marinara and Mozzarella Cheese Green Beans Orange Slices
February 11, 2019 Sweet & Sour Chicken Thigh <i>Sweet & Sour Tofu</i> Whole Grain Bread Cold Peas Apple Slices	February 12, 2019 Creamy Mac n Cheese Broccoli Fruit Salad	February 13, 2019 Beef Burger <i>Veggie Burger</i> Whole Grain Bun Mashed Potatoes Pineapple Ketchup	February 14, 2019 Penne Pasta w/ Marinara and Mozzarella Cheese Cucumber Pear Slices	February 15, 2019 Fish Tenders <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Orange Slices Ketchup
February 18, 2019 Turkey Tacos <i>Boca Tacos</i> Flour Tortilla Butternut Squash Pear Slices Salsa	February 19, 2019 Chicken Teriyaki <i>Tofu Teriyaki</i> Brown Rice Broccoli Pineapple	February 20, 2019 Southwest Veggie Burger Whole Grain Bun Glazed Carrots Honeydew	February 21, 2019 BBQ Chicken Breast <i>BBQ Tofu</i> Whole Grain Roll Cold Peas Cantaloupe	February 22, 2019 Ravioli Marinara w/ Mozzarella Cheese Green Beans Apple Slices
February 25, 2019 Bean & Cheese Burrito Glazed Carrots Orange Slices	February 26, 2019 Turkey Sausage Patties <i>Veggie Sausage Patties</i> French Toast Cold Peas Pineapple	February 27, 2019 Chipotle Lime Chicken <i>Chipotle Lime Tofu</i> Brown Rice Cucumbers Pear Slices	February 28, 2019 Pizza Muffins w/ Marinara Broccoli Fruit Salad	

