

\*Sides may change based on freshness and availability

# spring lunch menu }

march 2019  
april 2019  
may 2019

monday	tuesday	wednesday	thursday	friday
		<b>May 1, 2019</b> Asian BBQ Chicken Breast <i>Asian BBQ Tofu</i> Quinoa Cucumber Slices Honeydew	<b>May 2, 2019</b> 3 Bean Chili Corn Bread Broccoli Fruit Salad	<b>May 3, 2019</b> Beef Burger <i>Veggie Burger</i> Whole Grain Bun Roasted Sweet Potatoes Orange Slices
<b>May 6, 2019</b> Turkey Meatball Marinara <i>Veggie 'Meatball' Marinara</i> Whole Grain Bun Cold Peas Honeydew	<b>May 7, 2019</b> Chipotle Lime Chicken Breast <i>Chipotle Lime Tofu</i> Brown Rice Broccoli Pineapple	<b>May 8, 2019</b> Creamy Mac n Cheese Cucumber Slices Apple Slices	<b>May 9, 2019</b> Pizza Muffins with Marinara Glazed Carrots Fruit Salad	<b>May 10, 2019</b> Fish Tenders <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Orange Slices
<b>May 13, 2019</b> Adobo Chicken <i>Adobo Tofu</i> Flour Tortilla Cold Peas Apple Slices	<b>May 14, 2019</b> Turkey Sausage Patties <i>Veggie 'Sausage' Patties</i> French Toast Cucumbers Pineapple	<b>May 15, 2019</b> Penne Pasta w/ Tomato Cream Sauce & Mozzarella Broccoli Honeydew	<b>May 16, 2019</b> Veggie Burger Whole Grain Bun Roasted Potatoes Fruit Salad	<b>May 17, 2019</b> Orange Chicken Breast <i>Orange Tofu</i> Brown Rice Green Beans Orange Slices
<b>May 20, 2019</b> Cheese Tortellini w/ Marinara Sauce and Mozzarella Cold Peas Apple Slices	<b>May 21, 2019</b> Apple Chicken Curry <i>Apple Tofu Curry</i> Pita Bread Glazed Carrots Pineapple	<b>May 22, 2019</b> Turkey Sloppy Joe <i>Boca Sloppy Joe</i> Whole Grain Bun Cucumbers Cantaloupe	<b>May 23, 2019</b> Veggie Lo Mein Scrambled Eggs Broccoli Fruit Salad	<b>May 24, 2019</b> Chicken Nuggets <i>Veggie Nuggets</i> Whole Grain Bread Green Beans Orange Slices
<b>May 27, 2019</b> Turkey Taco <i>Boca Taco</i> Flour Tortilla Peas & Carrots Pineapple	<b>May 28, 2019</b> Ravioli Marinara w/ Mozzarella Cold Peas Cantaloupe	<b>May 29, 2019</b> Asian BBQ Chicken Breast <i>Asian BBQ Tofu</i> Quinoa Cucumber Slices Honeydew	<b>May 30, 2019</b> 3 Bean Chili Corn Bread Broccoli Fruit Salad	<b>May 31, 2019</b> Beef Burger <i>Veggie Burger</i> Whole Grain Bun Roasted Sweet Potatoes Orange Slices



nut free kitchen!  
scratch cooking!